



**COBALT HEALTH CARE @ REHABILITATION CENTER
NEW RESIDENT ASSESSMENT**

In order for Cobalt Health Care staff to appropriately care for each resident, knowing about their individual needs is essential. We ask that you complete the following questions to the best for your ability. All information is regarded as strictly confidential. Please consider only the previous years' experience when answering the questions.

Does he/she stay up late at night, after 9PM? Y__ N__

What time do he/she normally wake-up in the morning? _____

Does he/she nap regularly during the day, at least one (1) hour? Y__N__

Does he/she go outside, leave the house, one or more days per week? Y__N__
How Often? _____

Does he/she like to stay busy with hobbies, reading, or a fixed daily routine?
Y__N__
What/How? _____

Does he/she spend most of their time alone or watching TV?
Y__N__

Does he/she move independently thought out the home? Y__N__

Does he/she use tobacco products daily? Y__N__

Does he/she remain in bedclothes most of the day? Y__N__



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Does he/she get up in the night to go to the bathroom? Y__N__
How often? _____

Does he/she have irregular bowel movements? Y__N__

Is he/she incontinent of either urine or feces? Y__N__
Which? _____

Does he/she bath or shower independently? Y__N__
How often? _____

Does he/she like to bathe or shower in the morning or evening? AM__PM__

Does he/she use alcoholic beverages at least weekly? Y__N__
How often? _____ Type? _____

What distinct food preferences does he/she have?

What foods does he/she dislike?

Is he/she allergic to any foods?

Deso he/she have any special diet restrictions?

Does he/she eat between meals most days?

Does he/she have daily contact with relatives or close friends? Y__ N__
How often do he/she have contact? _____

Does he/she attend worship services? Y__N__ What faith? _____

Does he/she have pets? Y__N__ What kind? _____
What kind? _____



Does he/she participate in social/group activities? Y__ N__
What type(s)? _____

What are his/her favorite activities?

What type of music or radio programs Does he/she like to listen to?

Do they have a hearing aid? Y__ N__
When was it last tested? _____

Do they wear glasses? Y__ N__
When were they last checked? _____

Do they wear dentures? Y__ N__
When were they last fitted? _____
Type? _____